

OCR 2016 GCSE (9–1) in Physical Education: J587

Learners must complete all components (01, 02 and 03) to be awarded the OCR GCSE (9–1) in Physical Education.

GCSE Physical Education: Subject Content

Applied anatomy and physiology

Physical training

Physical factors affecting performance (01)

GCSE Physical Education: How it is assessed

60 marks 1 hour written paper **30%** of total GCSE

GCSE Physical Education: Subject Content

Socio-cultural influences

Sports psychology Health, fitness and well-being

Socio-cultural issues and sports psychology (02)

GCSE Physical Education: How it is assessed

60 marks 1 hour written paper **30%** of total GCSE

GCSE Physical Education: Subject Content

Practical activity assessment

Analysing and Evaluating Performance (AEP) Performance in physical education (03)*

GCSE Physical Education: How it is assessed

80 marks non-exam assessment (NEA)⁺ **40%** of total GCSE

* Indicates inclusion of synoptic assessment.

***Content for Non-Exam Assessment (NEA): Performance in Physical Education (03)**

In Component 03, *Performance in physical education*, learners are internally assessed through the NEA in performing three practical activities and one performance analysis task.

Practical performances For the practical performances approved activities list, see sections 2d and 2e of the 'OCR GCSE (9–1) guide to NEA in Physical Education'.

Learners can only be assessed in the role of player/performer. Learners are required to demonstrate effective performance, the use of tactics or techniques and the ability to observe the rules and conventions under applied conditions. This component is internally marked using the assessment criteria found in section 2b.2. of the 'OCR GCSE (9–1) guide to NEA in Physical Education'.

Learners must perform in three practical activities, one from the 'individual' list, one from the 'team' list, and one other from either list.

Learners may not enter marks for the same sport twice. Learners cannot use assessments in both 'team' and 'individual' versions of the same sport towards their final marks – for example, they may not enter marks for both singles and doubles tennis. Learners may not enter marks for variations of the same sport – so they may not complete two forms of dance or Rugby Union and Rugby Sevens and use marks for both towards their final grade.

Any learner(s) using a combination of activities within this component that is in breach of the specification requirements may have part or all of their practical marks discounted from their overall assessment.

Analysing and Evaluating Performance (AEP) In addition to three practical performances, learners are required to demonstrate their ability to analyse and evaluate their own performance in order to:

- analyse aspects of personal performance in a practical activity
- evaluate the strengths and weaknesses of the performance
- produce an action plan which aims to improve the quality and effectiveness of the performance.

No prior knowledge, skills, understanding or learning of the subject is required. Throughout the course of study learners are encouraged to develop an awareness of the role of physical education in society and its application to many situations.

This qualification is therefore suitable for learners intending to pursue AS or A levels, Higher Education or any career for which an understanding of the human body or

human behaviour is desirable. This qualification provides a suitable introduction to further study in social sciences, or as part of a course of general education.