

KS4 Games

A wide variety of activities are available for every pupil to explore, enjoy and promote a healthy, active lifestyle.

In KS4 pupils are taught to:

- use and develop a variety of tactics and strategies to overcome opponents in team and individual games.
- develop their technique and improve their performance in other competitive sports, or other physical activities.
- take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group.
- evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best
- continue to take part regularly in competitive sports and activities outside school through community links or sports clubs.

THERE IS NO EXTERNAL ASSESSMENT