

BTEC Level 3 Sport Extended Certificate

BTEC Level 3 Sport Extended Certificate: Subject Content

BTEC Nationals in sport use a combination of assessment styles to give students the confidence they can apply their knowledge to succeed in the workplace – and have the study skills to continue learning on higher education courses and throughout their career. This range of vocational assessments – both practical and written– mean students can showcase their learning and achievements to best effect when they take their next step, whether that’s supporting applications to higher education courses or potential employers.

BTEC Level 3 Sport Extended Certificate: How it’s assessed

What’s assessed?

Total Units: 4 360GLH

3 Mandatory Units

- Anatomy and Physiology (120GLH)
- Fitness Training and Programming for Health, Sport and Well-being (120GLH)
- Professional Development in the Sports Industry (60GLH)

1 Optional Unit

- Optional Unit (60GLH)

What’s assessed?

Anatomy and Physiology

How it’s assessed

- Written Exam (set and marked by exam board)

What’s assessed?

Fitness Training and Programming for Health, Sport and Well-being

How it’s assessed

- Task (set and marked by exam board)

What’s assessed?

Professional Development in the Sports Industry

How it’s assessed

- Assignment (set and marked internally)