

	Intent		Implementation	Impact
KS4	Content to be achieved by the end of the term	Key skills demonstrated as a result of the content	<u>Suggested</u> activities to help achieve our intent (including extra-curricular opportunities)	<u>Suggested</u> evaluation and assessment methods (to include one formal summative assessment)
	<p>Health Related Exercise (fitness): In this unit pupils will learn how to write their own training programme in order to develop a specific area of their fitness. They will focus on how exercise maintains a healthy and active lifestyle. They will look at the consequences of a sedentary lifestyle.</p>	<p>Pupils will demonstrate the ability to design a 6 week training programme which targets and focuses on one main component of fitness. Pupils will monitor their progress and adjust the programme when necessary to assist in them reaching their goal.</p>	<p>Exploring the benefits of the different types of training. Looking at different methods of training and the benefits each has on the body.</p>	<p>Gain skills to design and develop a 6 week training programme for specific goals and needs.</p>
	<p>Invasion Games In this unit pupils will focus on developing, implementing and refining team and individual game plans to outwit opponents. Teams will be expected to use core skills and implement them in full competitive game situations. Pupils will be expected to understand game rules, play a number of positions and physically exert themselves throughout.</p>	<p>Pupils will further develop the fundamental principles of play when selecting and applying core skills. Pupils will continue to develop the ability to outwit opponents and teams using strategies and tactics. Continual development and refinement of skills will contribute to producing an improved performance & technique.</p>	<p>Conditioned games, modified games, full games and video analysis. Use of score sheets. Extra curricular clubs and competitions, workshops</p>	<p>Be able to understand the concept of attack and defense and make effective evaluations of strengths and weaknesses of a team's performance. Appropriate questioning on teaching points will develop peer and self-assessment skills. Deeper questioning will allow for the stretch and challenge of more able pupils.</p>
	<p>Striking and fielding games In this unit pupils will continue to develop the ability to outwit opponents using strategies and tactics. Pupils will learn to apply consistency & accurate timing in the use of techniques for batting, bowling and fielding. Pupils should develop the skills of analysis and recognise the use of tactics to outwit opposition. Accurate</p>	<p>Pupils will learn to identify and implement the principles of outwitting opposition whether fielding or batting. Pupils will be faced with strategic and tactical decisions based on the placement of the ball using a variety of learnt techniques.</p>	<p>Observation skills on peer performances, skills and techniques. Have the opportunity to learn umpire signals. Scoring and calculating run rates and remaining runs.</p>	<p>Be able to outwit opponents by using different batting and bowling strategies. Appropriate questioning on teaching points will develop peer and self-assessment skills. Deeper questioning will allow for the stretch and challenge of more able pupils.</p>

	replication of techniques will lead to pupils outwitting opponents more frequently.	Opportunities to score/coach small groups will develop communication and decision making skills.		
	<p>Net and wall games</p> <p>Pupils will identify different areas of the court and be able to move between these areas using a variety of shots. Pupils will develop the ability to outwit opponents using strategies and tactics.</p>	<p>Pupils will create new defensive and attacking strategies to improve their performance.</p> <p>Pupils will develop the skills necessary to outwit opponents. Pupils will replicate strokes and shots with control and accuracy.</p> <p>Pupils will work towards demonstrating high quality performances.</p>	<p>Observation skills on peer performances, skills and techniques as well as observing the use of tactics.</p> <p>Extra-curricular clubs and competitions.</p> <p>Conditioned and full games.</p>	<p>To be able to use different shots and tactics to outwit opponents.</p> <p>Appropriate questioning on teaching points of the skills and processes developed. Observation and peer assessment. Provide opportunities for pupils to assessment own performance and implement strategies for improvement.</p>

	<p>Striking and fielding:</p> <p>In this unit pupils will learn how to facilitate the technical skills of batting and fielding, they will learn to take responsibility for their actions, tactics and decision making. They will learn how to score full competitive game situations.</p>	<p>Striking and fielding</p> <p>Pupils will implement strategic and tactical decisions based on the hitting/movement of the ball into space and preventing the runner from scoring. Opportunities to umpire and score full games.</p>	<p>Striking and fielding</p> <p>Full games, observations and analysis of others.</p> <p>Extra-curricular clubs and inter school competitions and tournaments.</p>	<p>Striking and fielding</p> <p>Appropriate questioning on teaching points of the tactics and strategies used within the full game. See score cards and umpire signals.</p>
	<p>Net and wall:</p> <p>In this unit pupils will learn singles and doubles tactics. They will play full competitive games and learn the correct scoring methods. They will learn to umpire full games.</p>	<p>Net and wall:</p> <p>Pupils will implement strategic and tactical decisions based on shot selection, attacking and defending principles. Opportunities to umpire and score full games.</p>	<p>Net and wall:</p> <p>Full games, observations and analysis of others.</p> <p>Extra-curricular clubs and inter school competitions and tournaments.</p>	<p>Net and wall:</p> <p>Appropriate questioning on teaching points of the tactics and strategies used within the full game. See score cards and umpire signals.</p>