

Careers Programme (Delivered through timetabled PSHE lessons in KS3)

Lesson	KS3 Learning Outcome	Elements of Learning	Activities
1	Exploring careers and career development	Career exploration expands individuals' horizons for actions and opportunities, with the goal that a pupil's background does not prejudice their careers aspirations. An understanding of career processes and structures enables individuals to make sense of their own careers, understand the careers experiences of others and contribute in important ways to the career wellbeing of others.	
2	Self-awareness	Individuals who realistically appraise their qualities and skills, roles and responsibilities, values and attitudes, needs and interests, aptitudes and achievements are better able to understand themselves, make informed choices and relate well to others. Self-awareness is essential for nurturing self-esteem, identity and mental well-being.	
3	Preparing for employability	Preparing for employability is about enabling individuals to gain the skills and experiences they need to get, maintain and make progress in employment or self-employment including networking, negotiation, self-advocacy and staying healthy. The soft skills necessary for success are taught by exemplification and habituation.	
4	Handling applications and interviews	Know how to prepare and present yourself when going through a selection process. Promoting themselves in a way that attracts the attention of selectors and recruiters as well as managing the applications process requires individuals to develop a range of self-presentation and marketing skills including the use of digital and social media. This also requires that they develop strategies to cope with set-backs and disappointments.	
5	Planning and deciding	Know how to negotiate and make plans and decisions carefully to help you get the qualifications, skills and experience you need. Individuals need to know how make and carry out carefully considered and negotiated decisions and plans. This includes being able to respond effectively to unforeseen or unplanned choices and opportunities.	

[Resources](#)

Whole School Overview CEIAG

Learning Objectives:	Exploring careers and career development	Self-awareness	Preparing for employability	Handling applications and interviews	Planning and deciding
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Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
7	Autumn Careers Fair	PSHE Living in the Wider World - Economic wellbeing and enterprise <ul style="list-style-type: none">Making financial decisionsSpending and budgeting	National Careers Week Assembly Curriculum careers links highlighted (Exercise book labels)		PSHE Living in the Wider World – Careers education delivered in PSHE lessons. <ul style="list-style-type: none">Challenging StereotypesAspirationsSelf-awareness (START Profile)Soft-skills	Science Fair (careers in STEM) Curriculum Careers' Week (6.2)*
	By the end of Year 7 pupils should: <ul style="list-style-type: none">have gained a wider knowledge of the possible careers available to them, the skills and aptitudes required for different careers and had stereotypes associated with careers challengedmore truthfully appraised their own qualities, skills, knowledge and attributes, helping them to relate these to different career requirementsdeveloped the soft-skills essential to success and school and in the workplace (these are taught by exemplification and habituation)					
8	Autumn Careers Fair	PSHE Living in the Wider World Applications (Opportunity Awareness)	National Careers Week Assembly Curriculum careers links highlighted (Exercise book labels)	Assemblies - non-academic routes (technical education and apprenticeships)	PSHE Living in the Wider World – Careers education delivered in PSHE lessons. <ul style="list-style-type: none">Preparation for Autumn Careers FairUnderstanding of part-time work for young people	Science Fair (careers in STEM) Take your child to work Day Curriculum Careers' Week (6.2)
	By the end of Year 8 pupils should: <ul style="list-style-type: none">have gained a much wider knowledge of the possible careers available to them, and how their current curriculum links to careersstarted to appreciate how their skills, knowledge in and aptitudes for different subjects influences their possible career pathsfurther developed the soft-skills essential to success and school and in the workplace (these are taught by exemplification and habituation)					
9	Autumn Careers Fair	Assemblies – Apprenticeships and Higher Education	National Careers Week Assembly Y9 GCSE Options (LMI Input)	Assemblies - non-academic routes (technical education and apprenticeships) Y9 Options Evening – Thursday 20 th April (careers guidance from employers in school)	PSHE Living in the Wider World Employability skills, Start-Profile and LMI (careers booklet)	Science Fair (careers in STEM) Rossendale Careers' Fair Curriculum Careers' Week (6.2) DEC – Design Virtual Work Experience
	By the end of Year 9 pupils should: <ul style="list-style-type: none">have a simple understanding of the technical, vocational and academic routes open to themmade informed choices in their option subjects, ensuring that their choices don't adversely affect their future career optionsfurther developed the soft-skills essential to success and school and in the workplace					
10	Autumn Careers Fair	Drop Down Day 1 <ul style="list-style-type: none">Careers HubCareers in the RAF Assemblies – Apprenticeships and Higher Education ag6 Open Evening – LMI, Apprenticeship, Higher Ed Drop-down Day - Apprenticeships	National Apprenticeships Week National Careers Week Assembly Assemblies – Russell Group University	Drop-down Day 2 <ul style="list-style-type: none">Lancs Forum Mock Assessment workshopTechnical Education (Acc & Rossendale College)	Drop-down Day 3 <ul style="list-style-type: none">Apprenticeships Finder CV builder workshopLife in the Army Myerscough Assembly (land-based studies) Self-placement Work Experience	Enterprise Week Visit to Holland's Pies Curriculum Careers' Week (6.2) DEC – Design Virtual Work Experience
	By the end of Year 10 pupils should: <ul style="list-style-type: none">have an increasingly sound understanding of the technical, vocational and academic routes open to them postexperienced a work place for themselvesfurther developed the soft-skills essential to success and school and in the workplace					
11	Drop Down Day 1 <ul style="list-style-type: none">Careers HubLife in the Army Autumn Careers Fair Blackpool Pleasure Beach Trip AP (work-related learning)	Assemblies – Apprenticeships and Higher Education ag6 Open Evening – LMI, Apprenticeship, Higher Ed AP (work-related learning)	National Apprenticeships Week (6-12 Feb) Drop-down Day 2 <ul style="list-style-type: none">Apprenticeships Finder workshopLife in the RAFTechnical Education (Acc & Rossendale College) Y11 Parents' Eve – careers advisor presence	National Careers Week Assembly (6-11 th Mar) Assemblies – Russell Group University AP (work-related learning) LCC Destinations Data Collection	Drop-down Day 3 <ul style="list-style-type: none">Apprenticeships Finder CV builder workshop Myerscough Assembly (land-based studies) AP (work-related learning)	Examinations Careers options advice on hand at results day
	By the end of Year 11 pupils should: <ul style="list-style-type: none">Decided on their course of study post-16 which is appropriate to their aptitudes					
12	Autumn Careers Fair Alton Towers Trip	IAG Timetabled Lessons UCAS Trip	National Apprenticeships Week	UCAS Conference CEPA workshops		Work Experience Week University Open Days begin UCAS Assemblies DEC – Design Virtual Work Experience
	Autumn Careers Fair UCAS Assemblies Alton Towers Trip English Dep. Trip - Haworth	Drop Down Day 1 <ul style="list-style-type: none">UCAS Personal Statement workshopPreparing for University life		Drop-down Day 2 <ul style="list-style-type: none">Higher-level ApprenticeshipsNational Apprenticeships Week		
Careers' Newsletters go home at the end of each half term.						

*Although curriculum careers' week takes place in the summer term, throughout the year, curriculum-specific input is delivered which helps students to relate their studies to specific career opportunities.