

Careers Programme

Lesson	KS3 Learning Outcome	Elements of Learning	Activities
1	Exploring careers and career development	Career exploration expands individuals' horizons for actions and opportunities, with the goal that a pupil's background does not prejudice their careers aspirations. An understanding of career processes and structures enables individuals to make sense of their own careers, understand the careers experiences of others and contribute in important ways to the career wellbeing of others.	
2	Self-awareness	Individuals who realistically appraise their qualities and skills, roles and responsibilities, values and attitudes, needs and interests, aptitudes and achievements are better able to understand themselves, make informed choices and relate well to others. Self-awareness is essential for nurturing self-esteem, identity and mental well-being.	
3	Preparing for employability	Preparing for employability is about enabling individuals to gain the skills and experiences they need to get, maintain and make progress in employment or self-employment including networking, negotiation, self-advocacy and staying healthy. The soft skills necessary for success are taught by exemplification and habituation.	
4	Handling applications and interviews	Know how to prepare and present yourself when going through a selection process. Promoting themselves in a way that attracts the attention of selectors and recruiters as well as managing the applications process requires individuals to develop a range of self-presentation and marketing skills including the use of digital and social media. This also requires that they develop strategies to cope with set-backs and disappointments.	
5	Planning and deciding	Know how to negotiate and make plans and decisions carefully to help you get the qualifications, skills and experience you need. Individuals need to know how make and carry out carefully considered and negotiated decisions and plans. This includes being able to respond effectively to unforeseen or unplanned choices and opportunities.	

[Resources](#)

Whole School Overview CEIAG

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Year	Term 1		Term 2	Term 3	Term 4	Term 5	Term 6	
7			PSHE Living in the Wider World - Economic wellbeing and enterprise <ul style="list-style-type: none">Making financial decisionsSpending and budgeting Work Experience Day 1 (20.11.25 Facilities Mang ³)	Curriculum careers links highlighted (Exercise book labels)	National Careers Week Assembly Curriculum Careers' Week (6.2)	PSHE Living in the Wider World – Careers education delivered in PSHE lessons. <ul style="list-style-type: none">Challenging StereotypesAspirationsSelf-awareness (START Profile)Soft-skills	Science Fair (careers in STEM)	
	By the end of Year 7 pupils should:		<ul style="list-style-type: none">have gained a wider knowledge of the possible careers available to them, the skills and aptitudes required for different careers and had stereotypes associated with careers challengedmore truthfully appraised their own qualities , skills, knowledge and attributes, helping them to relate these to different career requirementsdeveloped the soft-skills essential to success and school and in the workplace (these are taught by exemplification and habituation)					
8			PSHE Living in the Wider World Applications (Opportunity Awareness)	Curriculum careers links highlighted (Exercise book labels) Assemblies - non-academic routes (technical education and apprenticeships) Work Experience Day 2 (5.2.26 Eco-Classroom)	National Careers Week Assembly: non-academic routes (technical education and apprenticeships) Curriculum Careers' Week (6.2)	PSHE Living in the Wider World – Careers education delivered in PSHE lessons. <ul style="list-style-type: none">Preparation for Autumn Careers FairUnderstanding of part-time work for young people	Science Fair (careers in STEM) Work Experience Day 3 - (8.7.26 Take your child to work Day)	
	By the end of Year 8 pupils should:		<ul style="list-style-type: none">have gained a much wider knowledge of the possible careers available to them, and how their current curriculum links to careersstarted to appreciate how their skills, knowledge in and aptitudes for different subjects influences their possible career pathsfurther developed the soft-skills essential to success and school and in the workplace (these are taught by exemplification and habituation)					
9			PSHE Living in the Wider World – Focus on Y9 GCSE Options through timetabled careers lessons in PSE <ul style="list-style-type: none">Employability skillsStart-Profile and LMI	National Careers Week Assembly Assemblies - non-academic routes (technical education and apprenticeships)	National Careers Week Assembly: non-academic routes (technical education and apprenticeships) Curriculum Careers' Week (6.2)	Y9 Options Evening – Thursday 25 th April (careers guidance from employers in school)	Science Fair (careers in STEM) Rossendale Careers' Fair Work Experience Days 4-7 - DEC – Design Virtual Work Experience (6 th – 9 th July 2026)	
	By the end of Year 9 pupils should:		<ul style="list-style-type: none">have a simple understanding of the technical, vocational and academic routes open to themmade informed choices in their option subjects, ensuring that their choices don't adversely affect their future career optionsfurther developed the soft-skills essential to success and school and in the workplace					
10	Assemblies – Apprenticeships and Higher Education		Autumn Careers Fair (7 th November) ag6 Open Evening – LMI, Apprenticeship, Higher Ed	National Apprenticeships Week National Careers Week Assembly Assemblies – Russell Group University Y11 Parents' Eve – careers advisor presence Work Experience preparation Assembly 2	Myerscough Assembly (land-based studies) Work Experience preparation Assembly 2 Curriculum Careers' Week (6.2) IAG Interviews begin for vulnerable pupils	PSHE Living in the Wider World – Careers education delivered in PSHE lessons. <ul style="list-style-type: none">Introduction to our Careers AdvisorPost-16 options & LMIC.V. writingPreparing for work experience	Work Experience Days 8-11 - Self-placement Work Experience (6 th – 9 th July 2026) Enterprise Week - DEC – Design Virtual Work Experience Curriculum Careers' Week (6.2)	
	By the end of Year 10 pupils should:		<ul style="list-style-type: none">have an increasingly sound understanding of the technical, vocational and academic routes open to them postexperienced a work place for themselvesproduced an up-to-date C.V. and further developed the soft-skills essential to success and school and in the workplace					
11	Blackpool Pleasure Beach Trip AP (work-related learning) Future Skills Questionnaire		Autumn Careers Fair (7 th November) Assemblies – Apprenticeships and Higher Education ag6 Open Evening – LMI, Apprenticeship, Higher Ed AP (work-related learning)	National Apprenticeships Week (7-13 Feb) Y11 Parents' Eve – careers advisor presence	National Careers Week Assembly (2-7 th Mar) Assemblies – Russell Group University AP (work-related learning) LCC Destinations Data Collection	Myerscough Assembly (land-based studies) AP (work-related learning)	Examinations Careers options advice on hand at results day	
	By the end of Year 11 pupils should:		<ul style="list-style-type: none">Have decided on their course of study post-16 which is appropriate to their aptitudesproduced an up-to-date C.V. and further developed the soft-skills essential to success and school and in the workplace					
12	UCAS Trip IAG Timetabled Lessons Former students' talks		Autumn Careers Fair (7 th November) IAG Timetabled Lessons University trips	National Apprenticeships Week (7-13 Feb) Y12 Futures Event (University v Apprenticeship) IAG Timetabled Lessons	Work Experience Week CEPA workshops IAG Timetabled Lessons	UCAS Conference IAG Timetabled Lessons	University Open Days begin UCAS Assemblies, UCAT Support sessions Employability Day – workshops and mock interview DEC – Design Virtual Work Experience	
13	UCAS Assemblies/Trip Manchester Personal Statement Workshop (date tbc)		Autumn Careers Fair (7 th November) Application Workshops <ul style="list-style-type: none">Personal Statement WritingC.V. writing	UCAS Application deadline (29 th January 6pm)			Examinations Careers options advice on hand at results day	
	By the end of Year 13 pupils should:		<ul style="list-style-type: none">Have made an informed decision on their course of study/employment post-18 which is appropriate to their aptitudes					
Careers' Newsletters go home at the end of each half term.								

*Although curriculum careers' week takes place in the summer term, throughout the year, curriculum-specific input is delivered which helps students to relate their studies to specific career opportunities.